



# Washington Primary School

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Mrs. Emily Judd  
Principal

September 28, 2017

Dear Parents/Guardians:

Washington Primary School is excited to have the Women’s Center of Greater Danbury visit our classrooms. The Women’s Center will be offering a variety of programs to our students on October 18<sup>th</sup> and 27<sup>th</sup>. Each program is presented with age appropriate language and materials. Several key program objectives are listed below:

<p><b>Pre-K-1 Care and Kindness</b></p> <ul style="list-style-type: none"> <li>• How to speak up for oneself in a respectful manner</li> <li>• How to ask for help</li> <li>• Difference between tattling and telling</li> <li>• Coping techniques for anger, silliness, and stress</li> <li>• Recognize bullying and mean behaviors.</li> </ul>	<p><b>Pre-K-1 Safe Touch</b></p> <ul style="list-style-type: none"> <li>• Understand one’s rights</li> <li>• Trust one’s instinct</li> <li>• Be Assertive</li> <li>• Respect boundaries of self and others</li> <li>• Implement a safety plan</li> </ul>	<p><b>Grade 2 Upstander</b></p> <ul style="list-style-type: none"> <li>• Respect</li> <li>• Elements of Healthy Friendship</li> <li>• Conflict Resolution</li> <li>• Explores how to be an “Upstander” in difficult situations.</li> </ul>
<p><b>Grade 3 Bully B.E.A.N.S.</b></p> <ul style="list-style-type: none"> <li>• Identify bullying and mean behaviors</li> <li>• Identify trusted adults</li> <li>• Understand the difference between tattling and reporting</li> <li>• Identify and explore ways to help the target of bullying</li> <li>• Identify and explore ways to respond and stop bullying</li> </ul>	<p><b>Grades 4-5 Act Out/Boundaries</b></p> <ul style="list-style-type: none"> <li>• Explore school relationships</li> <li>• Understand healthy relationships</li> <li>• Understand that all people are unique</li> <li>• Develop empathy awareness</li> <li>• Identify personal boundaries and differences in types of boundaries</li> <li>• Explore non-verbal communication</li> <li>• Explore taking care of oneself</li> </ul>	

Our partnership with the Women’s Center has been long standing and we are confident that their presentations will be informative and will provide our students with facts and strategies that will promote the development of positive relationships. If you have any questions, please feel free to contact me.

Sincerely,

Emily Judd  
Principal

Washington Primary School Mission Statement

*Washington Primary School is a learning community dedicated to educating and inspiring children. We foster engagement and collaboration to achieve high expectations. In partnership with families and our community, we prepare children to be respectful, caring, and contributing citizens who will lead us into the future.*