

minds in motion™

SHEPAUG VALLEY SCHOOL



Saturday, February 25, 2017
12PM to 4PM

- Fast-paced, hands-on workshops for students in Grades K-8
- Informative keynote and workshops for parents and educators
- Exhibit area featuring programs, camps, games and more

Location: Shepaug Valley School
159 South Street, Washington, CT 06793
Check-In: 12:00 – 12:30
Exhibit Area Open: 12:00 – 4:00
Student/Adult Workshops: 1:00 – 4:00

A variety of workshops for students Grades K-8

For Grades K-2

Building – Circus Arts – Dance –
Drum Circle – Mobiles – Yoga

For Grades 3-5

Chemistry – Cooking – Geocaching –
Lego – Painting – Parkour – Scientific
Discovery

For Grades 6-8

Building – Cooking – Fly Tying –
Painting – Parkour – TV Production

Workshops for parents/guardians and educators with special guest Lawrence Cohen, PhD

Join Lawrence Cohen, PhD to explore a bold new way to nurture close connections, solve behavioral problems and encourage children's confidence. Cohen is a licensed psychologist specializing in children's play and play therapy and is the author of the award-winning book *Playful Parenting*. He has authored numerous published articles in professional journals and popular magazines and is the co-author of *The Art of Roughhousing*, *Best Friends, Worst Enemies: Understanding the Social Lives of Children* and *Mom, They're Teasing Me*.

Register now at www.ctgifted.org

- \$15 registration fee per K-8 student; adults/educators attend free of charge
 - Student fee includes enrollment in two different workshops*
 - Registration deadline February 17, 2017

Space is limited; register early to secure your spot!

*Students registered for the "Make Your Own TV Show" workshop will participate in one extended workshop

Presented by



Financial Aid Available

For assistance with special needs or financial aid contact us at mimshepaug@ctgifted.org.

Minds in Motion™ Shepaug - Mail-In Registration Form

Please complete one registration form for EACH CHILD attending and mail check for payment of \$15 per student to: Minds in Motion, Shepaug Valley School, 159 South Street, Washington, CT 06793 or register on-line at www.ctgifted.org. In case of cancellation due to inclement weather – registration fee will be refunded. **Educators:** Fill-in top section only.

Parent/Guardian/Educator Name:

Email Address:

Mailing Address (Street, City, State, Zip):

Home Phone/Cell Phone:

Emergency Contact and Phone:

I plan to attend the Adult Keynote:

Yes Number of Adults

I plan to attend the following Adult Workshop (circle one):

Mindset: The Key to Success for Your Child

The Art of Music Therapy

The Power of Rising to the Challenge

How To Eliminate Power Struggles

Select Your Student Workshops Here – Additional Information Available at www.ctgifted.org

Child's Name (First and Last)

Age

Grade

Student Workshop Choice (enter number in order of preference)

1st _____

2nd _____

3rd _____

4th _____

Workshops may be photographed or videotaped for MIM records and promotional materials (no names). If you do not want your child included, initial here _____

For Students Grades K-2

For Students Grades 3-5

For Students Grades 6-8

1) Dance the Day Away. Perfect for students interested in beginning dance training. Have fun discovering ways you can turn, jump and flip through dance themed games and music.

7) Catch the Geocache Bug. Get involved in the world's biggest treasure hunt as you learn how to create your own cache and using GPS, find a cache located at this event.

14) Make Your Own TV Show. Go on location in our mobile studio and try your hand at working in TV. This three hour adventure counts as two workshops.

2) Making Marvelous Mobiles. Create beautiful artistic mobiles while exploring numerous ways to balance objects. Learn how something in motion can always be balanced.

8) Learn the Core of Parkour. Running, jumping, landing, rolling safely are at the heart of Parkour. Learn the fundamentals and then put them together for an action-packed sequence.

15) Kids Favorite Foods. Join us in the kitchen for a hands-on workshop where you'll learn the art of making Pancakes, One-Pot Pasta and a variety of Potato dishes.

3) Hand Drumming. Join us for a hands-on experience where everyone has an active part to play in bringing the unique textures and dynamics of the drum to life through rhythmic improvisations. Drums provided.

9) Power Up Your Engineering Skills. Apply real-world concepts in physics, engineering and architecture using LEGO® blocks. Design and build like never before and explore your craziest ideas in a supportive environment.

16) Challenge Accepted. Can your team build a vehicle that's also an instrument? Join us as we challenge you to collaborate, problem solve and come up with the best solution possible to unique challenges.

4) Yoga Stories. Introducing a yoga class that explores literary elements of book characters through yoga stretching and poses. Picture books, songs and chats will fuel the fun.

10) Make Your Own Body Scrub. Join an acclaimed herbalist for an interactive workshop. Created two 8-ounce scrubs using a combination of everyday and herbal ingredients.

17) Learn the Core of Parkour. Running, jumping, landing and rolling safely are at the heart of Parkour. Learn the fundamentals and then put them together for an action packed sequence.

5) Join the Circus. Explore your own strength, coordination and flexibility through circus apparatus and master the Chinese yo-yo, spinning plates, hula hoops and juggling.

11) Kids' Favorite Foods. Join us in the kitchen for a hands-on workshop where you'll learn the art of making pancakes, one-pot pasta and a variety of potato dishes.

18) Brush the Winter Away. Experiment with shape and color on canvas with watercolors while composing your own winter landscape

6) Explore the Rigamajig. Join us as we use this large scale, wooden building kit conceived for hands on play and learning.

12) Dissect and Discover. Join us for a fascinating inquiry based workshop as you dissect the pellets of Owls, one of the most dynamic birds of prey.

19) Can You Tie a Fly? Get hooked on fly fishing by learning the art of fly tying using the tools and materials found in most fly fisher's studios.

13) Brush the Winter Away. Experiment with shape and color on canvas with watercolors while composing your own winter landscape.

All K-2 Students Automatically Enrolled in a Special Activity Presented by: ASAP (After School Arts Program) between Workshops.

Student Workshops Presented By:

Bearclaw Academy of Music, Charter Communications, Destination Imagination, Grounded Goodwife, KidsPlay Museum, New Milford Parkour and Free Running, Play-Well TEKologies, Region 12 Educators, Sparkle & Shine Dance, Steep Rock Association, Suzanne Chamlin-Richer, The Silo Cooking School, Thrive Movement Studio.

Adult Workshops and Presenters:

Mindset: The Key to Success for Your Child by Katie Augustyn, MA, CPC; *The Art of Music Therapy* by Emily Bevelacqua, MMT, MT-BC; *The Power of Rising to a Challenge* by Kelly Woodard; *Eliminating Power Struggles* by Kate Maupin, MA