

# FAMILY UNIVERSITY 2017

LITCHFIELD COMMUNITY CENTER 421 BANTAM RD LITCHFIELD, CT

## "Share the Love"

SESSION 1 - MONDAY FEB 13TH 7-8:30

Youth  
Activities  
Childcare  
Provided \*

\*please pre-register

Light  
Refreshments  
Door Prizes

CHOOSE 1, 2 OR ALL 3  
25 MINUTE WORKSHOPS

- Positive Youth Development
- Family Relationships
- Mindfulness for kids and adults

Sponsored by:

WAMOGO TASK FORCE  
ON PREVENTION



Session 2: "Spring Into Wellness" Monday April 24th

For more Info and/or to Register: [hvcasa@yahoo.com](mailto:hvcasa@yahoo.com) or 203.743.7741